Kat Motlagh's Health Clinics Katayoun Motlagh, M.D.

TO: Our Patients

RE: Your Scheduled Physical Examination or Pre-Op

If you are seeing a Doctor, Nurse Practioner or Physician Assistant today for a complete physical examination, immunizations, or pre-op, this office needs to make you aware of the submission of your claim to your insurance company for reimbursement.

If this is a Well Adult Physical and you have no symptoms or no physical anomalies are discovered during your examination, your visit will be submitted as such. Does your policy cover this type of service? If you are unsure, please call your plan and ask if you have coverage for routine care.

If this is a Well Adult Physical but you indeed have a medical problem, unless you notify us to bill it to your insurance company as your "Yearly Physical" we will submit the claim with medical diagnosis.

If this is a pre-op, you could be held responsible to pay this bill. Some insurance companies won't cover the required preoperative testing at a physician's office, but will cover it if you have these tests done at the facility where your procedure is being performed. It is your responsibility to find out if your insurance company will cover your pre-op being done here. If your insurance company won't approve these charges, then you will be held responsible to pay the bill.

We are also finding out that many insurance companies are challenging the lab work that might accompany your physical exam. As an example: When the lab order is written, we might not know that your cholesterol is elevated (thus allowing us to note a diagnosis of Hypercholesterolemia) and the request will leave this office with the notation: Routine Physical Exam.

If you have any questions about your scheduled appointment today or in the future, please speak to a receptionist or the office manager.

Your signature on this notification advises for the future reference that you acknowledge this information we have given you regarding the submission of your claim for services rendered today. Thank you.

PATIENT SIGNATURE DATE